

Personal SWOT Template

Use this template to identify strategic leverage, expose vulnerabilities, and outline action items.

STRENGTHS

- What technical skills or certifications set me apart?
- What soft skills (leadership, empathy) do I excel at?
- What unique professional network can I tap into?

WEAKNESSES

- What skill gaps could hold me back from promotion?
- Am I uncomfortable with public speaking or visibility?
- What work habits or time-management issues limit me?

OPPORTUNITIES

- What new projects or roles can I volunteer for?
- What industry certifications can I pursue next?
- Are there mentorship or networking spaces to join?

THREATS

- Is my tech stack or expertise becoming obsolete?
- Are industry layoffs or changes affecting my field?
- How is automation or AI impacting my career path?